

“WITH MALICE TOWARD NONE, WITH CHARITY FOR ALL”

LINCOLN REMAINS STRONG



CO'S REPORT

BY REAR ADMIRAL
KEITH S. SHIKOWITZ



U.S.S. ABRAHAM LINCOLN
NCC-71809 A



It's hard to believe that it's been 15 years since we launched the USS Abraham Lincoln on February 12, 2009. When we started this adventure, we were flying by the seat of our pants. Ever since I joined fandom in 1997 and Fleet in 2001, I wanted to command my own ship. Even though I took and passed all of the required Starfleet exams, I still had really no idea what I had gotten myself into or what I was doing. Mind you, not knowing what I was doing, never stopped me before.

It has definitely been a roller coaster ride. The one thing I had going for us was that I learned from some of the best leaders in fandom and fleet as to how to run a ship. The one thing that I told everyone when we began was that this was not going to be a top down run ship. I was going to need input from everyone.

They say a team is only as good as its leader. I say that a leader is only as good as the people he/she leads. Without the crew, the Captain has no one to lead. Over the years we have done a number of projects, not the least of which was the co hosting of the 2018 Region 7 Conference with the USS Justice. We are now venturing into familiar territory by submitting a proposal to co host the 2025 Region 7 Conference with the USS Justice and the addition of the USS Theresa Sylvester. Without all of the crew, we would not have been and will not be successful in these ventures.

Our 24-7 recruitment has garnered us a number of new members. We will now have two local opportunities per year to recruit. NEAF in April at RCC and King Con in August at the Haverstraw Kings Daughter's Library.

I guess recent events in my personal life have made me look at things a lot differently. I have come to appreciate every day and all of the people in my life who work with me and dispose of those who can do me absolutely no good.

As usual, I must say that I am very proud to be the Commanding Officer of this crew. You have all done your best to help keep the Lincoln running as smoothly as possible. I want to thank you. All of the hard work you do is what is keeping the USS Abraham Lincoln strong.



**PROMETHEUS CLASS
STARSHIP
USS ABRAHAM LINCOLN
NCC 71809-A**

CREW FOCUS - Mike & Laurie Zeilberger

They say that everyone will eventually have 15 minutes of fame in their lives. Some search for it actively and some just fall into it due to circumstances or happenstance. Ten years ago Mike & Laurie Zeilberger got theirs in an article by Sy Hema Easley.

COUPLE FINDS JOY AGAINST ODDS

Pair with disabilities share 17 years

Suffern: He helps her put on her coat, opens the door for her and cooks their meals almost every night She does the dishes, makes his favorite cheesecake from scratch and suffers watching wrestling on television only because he loves it.

Michael and Laurie Zeilberger both 51 have been married 17 years and recently passed a milestone in their lives—they paid off the mortgage on their one- bedroom condo. Both have held stable jobs for more than two decades and he has nursed her through poor health.

Such a loving and durable marriage many couples. It's especially remarkable have learning disabilities. "We want to be for 50, 60 years." said Laurie. "It may be

Wednesday night the couple planned to attend the Rockland County Association for Learning Disabilities Coffee House in Pearl River. This social group for individuals with developmental, intellectual and learning disabilities hosts a Valentine's Day celebration every year where people wear red and exchange

The Zeilbergers have been participating in the Coffee House for years, making friends and developing a social network that has enriched their lives. They are the first couple in the program that married and the first that bought their own home they said.

"Unfortunately, it's very unusual." Christine Reinhard Executive Director of RCALD said of the Zeilbergers. "Individuals with disabilities struggle with finding relationships, especially romantic relations Employment is difficult, forming relationships and friendships is difficult because opportunities don't exist for them.

Michael has worked for Rockland County for 31 years and is now an assistant cook at the Robert L. Yeager Health Center in Pomona. Laurie has worked for Good Samaritan Hospital as a dietary aide for 26 years.

Neither Laurie nor Michael can recall exactly when they met but they both remember their first date at a restaurant. Michael was impressed by her personality, she loved his blue eyes and handsome face.

"She's my soul mate, mom," Michael recalls telling his mother after the date. "She's the one."

He proposed to her on New Year's Eve. He went down on his knees and asked her to be his wife. She immediately said yes.

After their wedding they began renting a condo in Suffern. Two years later they bought it with some help from his parents and her brother.

Today, their home is warm with the clutter of domesticity. Family photos adorn walls and side tables. Shelves are filled with curios they've picked up on holidays together, trophies they've won—they're bowling enthusiasts and members of Touching Bases a baseball league for adults with special needs and their collection of CDs and DVDs.

"This is the happiest we've ever been," said Laurie, recalling the struggles of being without friends growing up. "He's the best thing to ever happen to me."

She always wanted to be married, but wasn't sure it would happen to her. And now she's happily married, she says she still has to try hard to make things work.

It's important to compromise she said, like when she watches wrestling with him and he agrees to play video games with her. She also tries to ignore the snoring and his inability to put the toilet seat down.

When they get mad with each other and fight, they soon make up. That's their secret to a good marriage they said.

"Never go to bed angry." Laurie said.



would be an accomplishment for the Zeilbergers because they both married like other people are married harder for us, but we want to try.

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UPCOMING EVENTS

2024

APRIL

20—21 NEAF ROCKLAND COMMUNITY COLLEGE FIELDHOUSE

27—AWAY MISSION TO CHILLER THEATER CONVENTION PARSIPPANY NJ

28—MONTHLY MEETING - HAVERSTRAW KINGS DAUGHTERS LIBRARY 1 PM

MAY

18 - TREKONDEROGA DAY TRIP AWAY MISSION

JUNE

1—TREK LONG ISLAND'

2—BOWLING FUNDRAISER— BREAKPOINT ENTERTAINMENT WEST HAVERSTRAW NY

JULY

20 — ANNUAL BBQ — REAR ADMIRAL SHIKOWITZ'S HOUSE 12 PM UNTIL WHENEVER

BIRTHDAYS

The Following crew members have birthdays between January 1 and April 30

January

February

12 - Crewman Sayurí Olah

March

29 - Civilian Mike Zeilberger

31 - Commander Andrew Stermann

April

5 - Crewman Jeffrey Tew



CMO'S CORNER



BY: John Radle, Chief Medical Officer

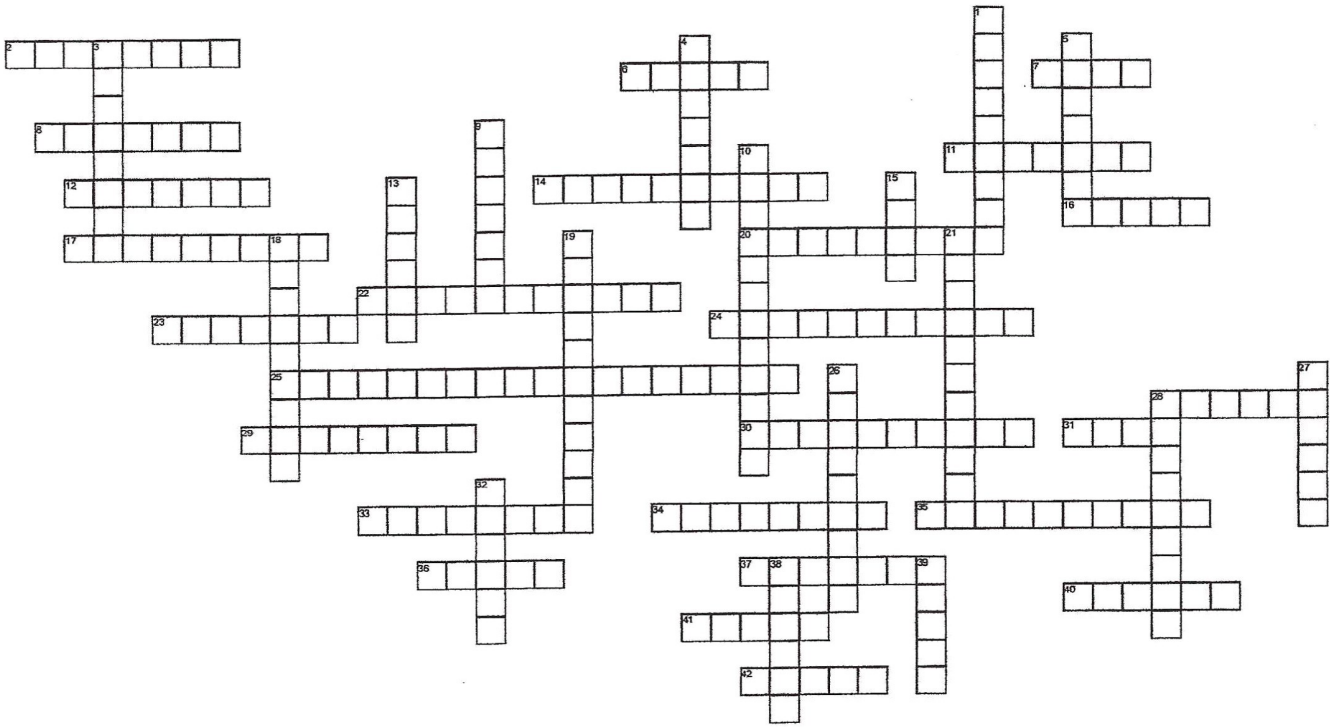
As the days are getting longer and hotter on certain Alien planets, I would like to remind you to keep hydrated, that means if you are on Earth and working outside remember to work for 30 minutes go into your dwelling and get some water to drink because your body loses water due to sweating as well as electrolytes and salt. Water is better than Sports drinks. Regular sports drinks have sugar, which will only make you thirstier, Soda is like sports drinks that contains sugar plus caffeine. Oh you say I can have a Pepsi or Coke Zero that doesn't have sugar, I disagree, look at your label your drinking twice of the daily allowance of salt. Adding salt to your food and drinking Pepsi/Coke Zero or Diet Pepsi or Diet Coke has the same amount of sodium. Let's face it folks; with that much salt, those of us with Diabetes could suffer swelling of the legs (Epidemia) which can be painful and then we have to go to our doctor and get medication to flush the salt out of our bodies.

Also too much sodium can cause your blood pressure to go up leading to cardiac failure, stroke or heart attack. Or all the above. So stay hydrated.

Live long and hydrated.



STAR TREK TRIVIA



ACROSS

- 2 COMPUTER DESIGNER OF THE MARK V COMPUTER IN TOS
- 6 NAME OF SECOND Q IN VGR EPISODE DEATH WISH
- 7 THE NAME OF THE ORIGINAL GRAND NAGUS
- 8 PROFESSION OF SPOCK'S MOTHER AMANDA
- 11 CREWMAN FROM THE FUTURE IN ENTERPRISE
- 12 NAME OF THE SHIP TRAVIS MAYWEATHER GREW UP ON
- 14 DRUG MCCOY INJECTED INTO HIMSELF IN TOS EPISODE CITY ON THE EDGE OF FOREVER
- 16 NAME OF VULCAN AFTER THE REUNIFICATION WITH THE ROMULANS IN DISCOVERY
- 17 ALIEN RACE FEATURED IN THE TOS EPISODE FRIDAY'S CHILD
- 20 GROUP OPPOSED TO THE VULCAN HIGH COMMAND'S POLICIES IN ENTERPRISE
- 22 BOOK USED BY KAI WINN TO CALL UP THE EVIL SPIRITS
- 23 FIRST ENEMY ENTERPRISE RAN INTO UNDER CAPTAIN ARCHER
- 24 VGR EPISODE WHERE HARRY KIM ENDS UP BACK IN SAN FRANCISCO
- 25 PLACE SISKO AND BASHIR ENDED UP IN DS9 EPISODE PAST TENSE
- 28 NUMBER OF KLINGONS ON THE SHIP IN STAR TREK III
- 29 VOYAGER EPISODE WHERE THEY USED THE QUANTUM SLIP STREAM DRIVE
- 30 CLASS OF SHIP OF THE USS DISCOVERY
- 31 PLANET WHERE YOU FIND A HORGONN
- 33 TNG EPISODE WHERE PICARD AND CRUSHER COULD READ EACH OTHER'S MINDS
- 34 NAME OF THE PEOPLE WOLF'S BROTHER SAVED FROM THEIR DYING PLANET
- 35 ROLE NEELIX PLAYED IN THE VGR EPISODE FALSE PROPHETS
- 36 CITY SISKO FOUND IN DS9 EPISODE RAPTURE
- 37 NAME OF MOVIE DATA DIED IN
- 40 NAME GIVEN TO CAPTURED KLINGON SHIP IN ST IV
- 41 SHIP SEVEN AND HER PARENTS WERE ON WHILE OBSERVING THE BORG
- 42 SHE BETRAYED THE CREW OF VOYAGER TO THE KAZON

DOWN

- 1 PLACE WHERE GUL DUKAT DIED AND SISKO JOINED THE PROPHETS
- 3 SHIP BEN SISKO WAS ON AT THE BATTLE OF WOLF 359
- 4 FIRST NAME OF WOLF'S HUMAN BROTHER
- 5 NUMBER OF DECKS ON THE USS VOYAGER
- 9 FEDERATION SHIP TAKEN INTO THE MIRROR UNIVERSE BY THE THOLIANS IN ENTERPRISE
- 10 THE NAME OF A TNG EPISODE AND TNG MOVIE (BOTH HAVE THE SAME NAME)
- 13 PLANET BELE AND LOKI WERE FROM IN LET THERE BE YOUR LAST BATTLEFIELD
- 15 WAR ENTERPRISE FOUND ITSELF IN THE MIDDLE OF IN BEGINNING OF SEASON 4
- 18 PLANET OF GALACTIC PEACE
- 19 SHIP HARRY KIM WAS CAPTAIN OF IN VGR EPISODE ENDGAME
- 21 PERSON WHO RAN THE 21ST STREET MISSION IN CITY OF THE EDGE OF FOREVER
- 26 AIRCRAFT CARRIER THAT STOOD IN FOR ENTERPRISE IN ST IV
- 27 THE MALE WHALE IN STAR TREK IV
- 28 ALIEN SPECIES WHO HELPED TOM PARIS RETAKE VOYAGER IN BASICS PART 2
- 32 NAME OF SPOCK'S PET
- 38 NUMBER OF STAR TREK SERIES INCLUDING ANIMATED ONES
- 39 CLASS OF SHIP CAPTAIN MORGAN BATESON COMMANDED

LINCOLN LEVITY

The Presbyterian church called a meeting to decide what to do about their squirrel infestation. After much prayer and consideration, they concluded that the squirrels were predestined to be there, and they should not interfere with God's divine will.

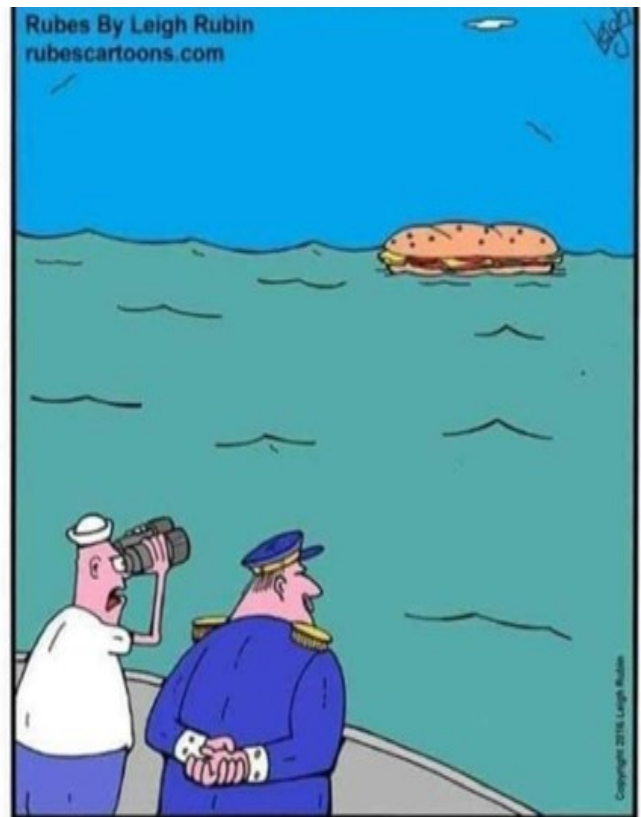
At the Baptist church, the squirrels had taken an interest in the baptistry. The deacons met and decided to put a water-slide on the baptistry and let the squirrels drown themselves. The squirrels liked the slide and, unfortunately, knew instinctively how to swim, so twice as many squirrels showed up the following week.

The Lutheran church decided that they were not in a position to harm any of God's creatures. So, they humanely trapped their squirrels and set them free near the Baptist church. Two weeks later, the squirrels were back when the Baptists took down the water-slide.

The Episcopalians tried a much more unique path by setting out pans of whiskey around their church in an effort to kill the squirrels with alcohol poisoning. They sadly learned how much damage a band of drunk squirrels can do.

But the Catholic church came up with a more creative strategy! They baptized all the squirrels and made them members of the church. Now they only see them at Christmas and Easter.

Not much was heard from the Jewish synagogue. They took the first squirrel and circumcised him. They haven't seen a squirrel since.



"No doubt about it, captain ...
it's definitely an Italian sub."